



MR P. O'ROURKE *BA (Hons), NPQH, MA*
Headteacher

ST. GEORGE'S CATHOLIC PRIMARY SCHOOL
GORDON ROAD, ENFIELD
EN2 OQA

E-mail: office@st-georges.enfield.sch.uk
Website: www.st-georges.enfield.sch.uk

Tel: 020 8363 3729
Fax: 020 8367 2275

Tuesday 31 March 2020

Dear parents,

Further to a well being poster that was distributed to parents last week, below is (a rather long) link to the DfE guidance on looking after the mental health of your family during the coming weeks. This advice is to help adults with caring responsibilities look after the mental health and wellbeing of children or young people, including those with additional needs and disabilities, during the coronavirus (COVID-19) outbreak. It also deals with looking after your own mental health, helping children cope with stress, and the differing ways in which children of different ages may react.

https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing/guidance-for-parents-and-carers-on-supporting-children-and-young-peoples-mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak?fbclid=IwAR3oV7JzmY_oldj4lOqgTiQY2VWSnE8tn0Hwppsp6xCiVvFWvEE1-O93eP8

I hope that you find the advice useful.

Activities

Here are suggested links to some **maths** activities. They have been suggested by Enfield local authority so should be helpful to parents. Some of the links are for older children.

<http://www.greatmathsteachingideas.com/2011/01/16/the-10-best-maths-teaching-resource-websites/>

<https://www.bbc.co.uk/bitesize>

<http://mathszone.co.uk/number-facts/number-bonds-to-1000/complements-to-1000-i-love-maths-games/>

<https://www.mathsbox.org.uk/index1.php>

<https://www.primarymathsresources.com/index.html>



Ten best Maths websites

<http://www.greatmathsteachingideas.com/2011/01/16/the-10-best-maths-teaching-resource-websites/>

Sport for Schools

I have been informed by the school office that we have collected an amazing £2700 following our sponsored workout with Giannai Frankis, our Olympic hurdler. I know many parents have paid sponsorship money directly to the Sport for Schools website, and others have yet to submit their sponsorship (for completely understandable reasons!) The final total, therefore, is likely to be much higher. What a brilliant effort – congratulations!

Prayer

Loving and healing God,
we, the families of St George's, turn to you in prayer,
confident that you are with us and with all people in every moment.
We stand before you as people of hope, trusting in your care and
protection.

May your faithful love support us and soothe the anxiety of our hearts.

Amen



Join CAFOD for Mass

Fr Liam Hayes will celebrate Mass streamed live with CAFOD and friends on **Wednesday 1 April at 6pm.**

I will conclude this newsletter with a thank you for our school staff who arrive at school each morning, whatever their role, with a smile for the children and a smile for each other. A simple but genuine gesture that helps to keep us positive through these challenging times.

Yours Sincerely,

Mr P O'Rourke
Headteacher