

St Thérèse of Lisieux

About her

She was born on January 2nd 1873 and died from tuberculosis on 30th September 1897 when she was only 24.

Her Feast Day is October 1st.

How did she become a saint?

St Thérèse became a saint by keeping her temper to herself and always praying to God in her times of need, she was known to be called 'The Little Flower.' Because she liked the simple things in life and did not seek attention. She compared herself to a wildflower rather than a rose as she did not seek out attention. St Thérèse became a Carmelite nun at the age of 15. She inspires us to always try to good deeds in life, no matter how small.

“ Miss no single opportunity of making some small sacrifice, here by a smiling look, there by a kindly word; always doing the smallest right and doing it all for love.”



St. Thérèse of Lisieux, Pray for us